


# The 2025 Student Periodical Health Checkup Guide

Periodical health checkups are required by the School Health and Safety Law for all students. Be sure to have a checkup to confirm your health condition.

<b>1. Eligible</b>	ALL Students(undergraduate, master and doctoral programs, practical music course, research students, credited auditors)
<b>2. Contents</b>	①Hight ②Weight ③Vision ④Hearing test ⑤Blood pressure ⑥Consultation with an internist ⑦Chest X-ray ⑧Urinalysis(New students only) ※⑦Chest X-rays are required for new students
<b>3. Belongings &amp; Clothing</b>	①Student ID card ②Eyeglasses and/or contact lenses(users only) ③Urine collected in the morning at home (New students only) · Wear socks; you will take off your shoes at the site. Wear shoes that are easy to take off. · For chest x-ray, wear or bring a plain T-shirt with both sides (no lame, print, embroidery, buttons, metal fittings, bra top, etc.).

<b>4. Medical questionnaire</b>	Please answer the Web Medical questionnaire from the dedicated website below. ※You cannot take a health checkup without answering the Web Medical questionnaire.	<div style="border: 1px solid black; padding: 5px;"> <p>[How to login] ·ID: ID:s+student ID(7digits) ·Password: Password for Geidai account ※No login with the initial password</p> </div> 
	<p><b>Reception period: March 18(Tue)12:00 - March 25(Tue)24:00</b></p> <p><b>Form:</b> <a href="https://health-checkup.geidai.ac.jp/web/login">https://health-checkup.geidai.ac.jp/web/login</a></p>	

**5. Date and Place** You are required to take a checkup at the date allotted in the table below.  
In case you can't come on your date, you may receive the checkup another date.

**Students participating in the Teacher Training Program in 2025 must attend the April 1 session.**

Place	Date	Target Student			Time		Note	
[Ueno] Gymnasium	April 1(Tue)	pract ice teacher	music	·Teacher training participants(fine arts and music) ·Undergraduate students excluding the first years ·Master's students excluding the first years	male	9:00~11:00	If you need special consideration during the checkup, please consult with the Student Affairs Division. (gender, room for changing clothes, use of wheel chair/cane, request for an attendant... etc)	
					female	12:30~16:30		
	April 2(Wed)	fine arts	·Undergraduate students excluding the first years ·Master's students excluding the first years	male	9:00~11:00			
				female	12:30~16:30			
	April 3(Thu)	fine arts	music	·First-year Undergraduate students ·Practical music course students	female	9:00~13:00		
					male	14:30~16:30		
	April 7(Mon)	fine arts	music	global arts	·First-year Master's students(fine arts and music) ·GA Students ·Doctoral students ·Researche and credited auditors	female		9:00~13:00
						male		14:30~16:30
[Toride] Lecture Room1, Media Education Building	April 24(Thu)	fine arts		·Students attending Tride Campus excluding the first years Undergraduate students	male	11:00~12:30		
					female	13:30~16:30		
[Yokohama] 4F, Bankokubashi Kaigi Center	April 25(Fri)	film and new media		·Students attending Yokohama Campus	male	11:00~12:30		
					female	13:30~16:30		

## 6. Precautions

### ①Chest X-ray

- All the new students in each program and the students who need a health certificate for the following reasons and MUST receive chest X-ray: a teacher training program, an elderly care program, other programs, employment, scholarships.
- Other students can take it on a voluntary basis, but we recommend that you take for early detection of abnormalities such as tuberculosis.
- If you are pregnant or think you might be, DO NOT take chest X-ray exam.

### ②Notes on taking a urine sample ※New students only

- Please be sure to pick up the urine collection container at the Educational Affairs Section of your department at least one day before the day of the health checkup.
- Whether your checkup is scheduled in the morning or in the afternoon, be sure to take the first morning urine sample at home on the day of the checkup. Otherwise samples will not be accepted
- Take urine from the middle of the stream (discard the first and end of the stream).
- Avoid strenuous exercise and binge eating from the day before the checkup until the urine collection on the morning of the checkup.
- If you are in (or shortly before or after) your menstruation period, DO NOT take a sample on the day of the checkup for avoiding inaccurate result. Instead, please submit on another date to be announced at the day of the checkup.



### ③Precautions on the day

- If you are sick or have a fever on the day of the checkup, please contact the General Affairs Section of the Student Affairs Section. If you have cough or runny nose symptoms, be sure to wear a mask.

### ④Results of the check-up

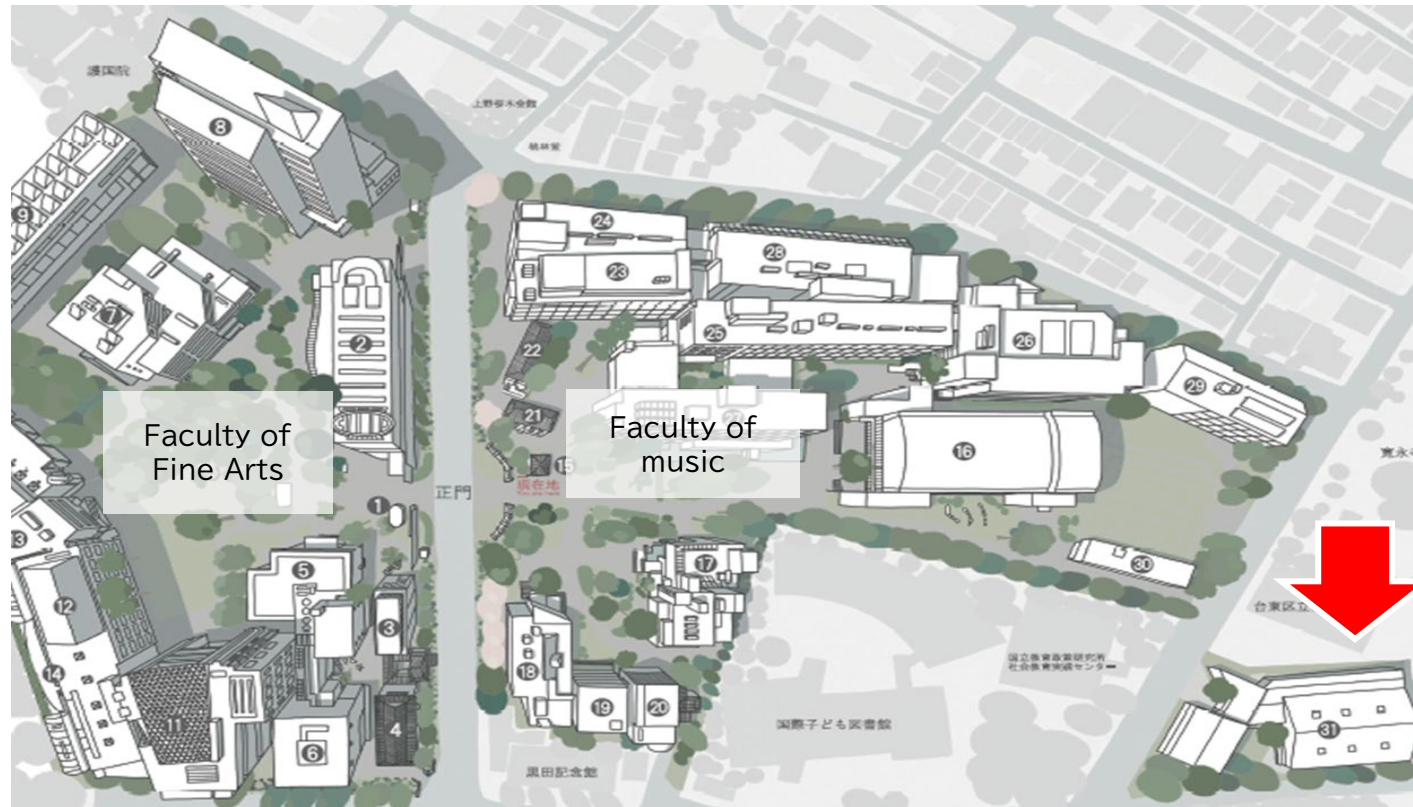
- Make sure to answer the message from the Health Care Service Center by phone or email. The test results may require you to take an additional examination.
- The results can be issued by the automatic certificate issuing machine from [UENO: Early May/Toride&Yokohama: Early JUNE (to be announced)].
- Please be sure to check the results at the automatic certificate issuing machine for your own health management.

contact	The General Affairs Section of the Student Affairs Division E-mail:gakusei-soumu@ml.geidai.ac.jp
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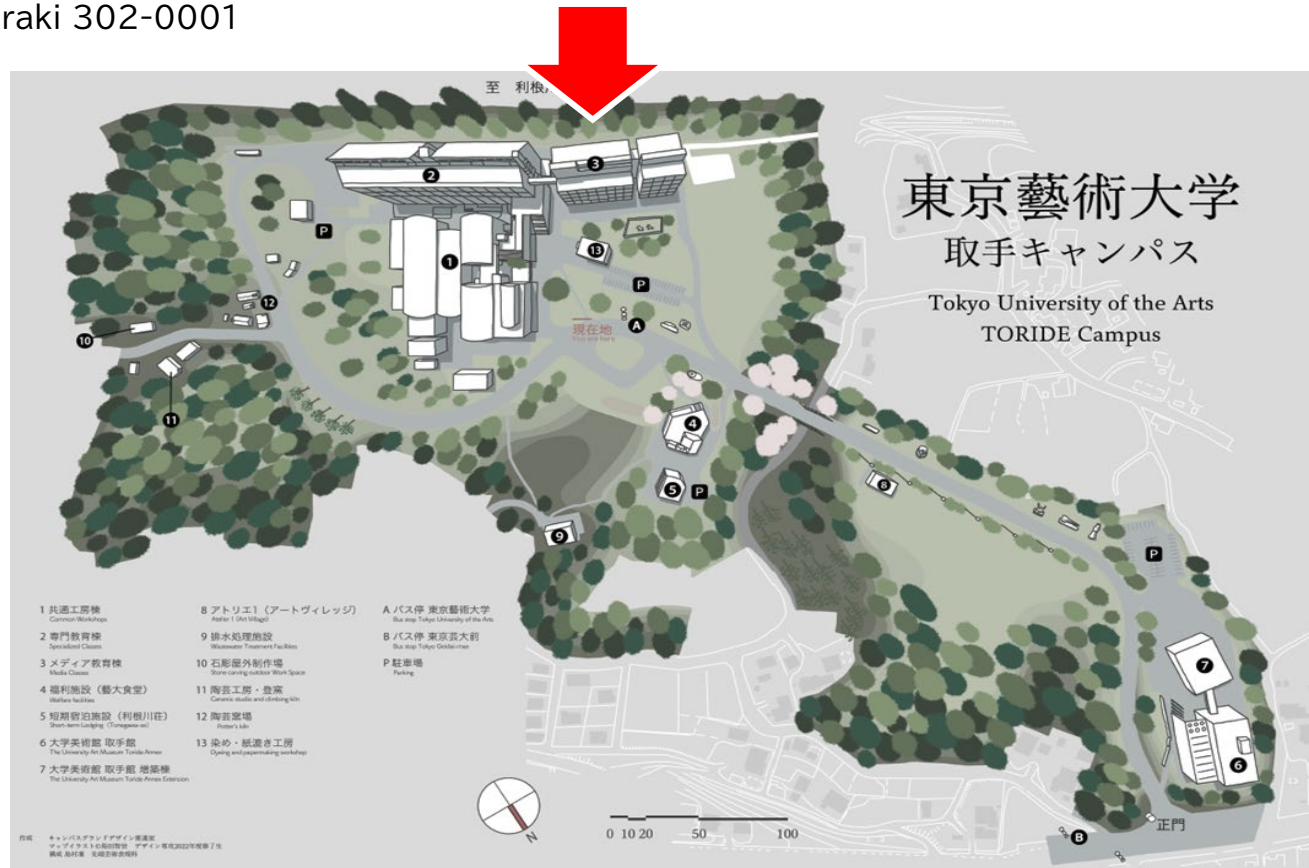
## [Ueno]Gymnasium

1-14-1 Ueno sakuragi,Tito-ku,Tokyo 110-8714



## [Toride]Lecture Room 1, 2F, Media Education Building

5000 Kobunma,Tride Cith,Ibaraki 302-0001



## [Yokohama]4F,Bankokubashi Kaigi Center

4-23 kaigandori,Naka-ku,Yokohama,Kanagawa 231-0002

